



# Full Spectrum Holistic Powder Extracts

A combination of **lipid and water/hydroalcoholic extracts**, these extracts are an identical match to the raw herb but in a very concentrated form. We remove the non- essential starch, fibers and organic matter which may interfere with the bio-actives to make a potent combination of full spectrum actives.

| <u>Sr.No.</u> | <u>Common Name</u> | <u>Botanical Name</u>          | <u>Properties</u>   |
|---------------|--------------------|--------------------------------|---|
| 1             | Amla               | <i>Emblica officinalis</i>     | Anti-oxidant, antibacterial and astringent  |
| 2             | Anantmul           | <i>Hemidesmus indicus</i>      | Anti- diarrheal activity, Anti-viral, Ant-carcinogenic  |
| 3             | Kalmegh            | <i>Andrographis paniculata</i> | Anti-microbial, cytotoxicity, anti-protozoan, anti-inflammatory, anti-oxidant, immunostimulant, anti-diabetic, anti-infective, anti-angiogenic  |
| 4             | Apamarg            | <i>Achyranthus aspera</i>      | Antimicrobial, larvical, immunostimulant, hypoglycemic, hypolipidemic, anti-inflammatory, antioxidant, diuretic, cardiac stimulant, antihypertensive, anti-anasacra, analgesic, antipyretic, antinoiceptive, prothyrodic, antispasmodic and hepatoprotective. |
| 5             | Arjuna             | <i>Terminalia arjuna</i>       | Antioxidant and anti-inflammatory, anti-ischemic property   |
| 6             | Ashwandha          | <i>Withania somnifera</i>      | Anti-stress   |

|    |              |                              |  |
|----|--------------|------------------------------|--|
| 7  | Bacopa       | <i>Bacopa monnieri</i>       | Anti-cancer, Anti-oxidant, antispasmodic, anticholinesterase, neuroprotective, antioxidant, antidepressant, antiulcerogenic, anti-inflammatory, antibacterial, anticancer, cell stabilization, antileishmanial |
| 8  | Baheda       | <i>Terminalia bellirica</i>  | Analgesic activity, Anti diarrhoeal activity, Anticancer Activity, Antibiofilm Activity, Anti-Spasmodic  |
| 9  | Black pepper | <i>Piper nigrum</i>          | Antioxidant, antimicrobial, anti-inflammatory, gastro-protective and antidepressant activities   |
| 10 | Boswellia    | <i>Boswellia serrata</i>     | Anti-arthritis, anti-inflammatory, anti-hyperlipidemic, anti-cancer, hypoglycaemic, anti-asthmatic   |
| 11 | Cinnamon     | <i>Cinnamomum zeylanicum</i> | Antiproliferative and apoptosis-inducing properties, Antibacterial   |
| 12 | Ginger       | <i>Zingiber officinalis</i>  | Anti-inflammatory, Anti-oxidant  |
| 13 | Gokhru       | <i>Tribulus terrestris</i>   | Antimicrobial, larvicidal, immunostimulant   |
| 14 | Gotkula      | <i>Centella asiatica</i>     | Antidepressant, Antiepileptic, Cognitive and antioxidant, Antinociceptive and Antiinflammatory   |
| 15 | Guggul       | <i>Commiphora mukul</i>      | Cholesterol-lowering agent   |
| 16 | Gulvel       | <i>Tinospora cordifolia</i>  | Aphrodisiac properties   |
| 17 | Gudmar       | <i>Gymnema sylvestre</i>     | Anti-inflammatory, antibacterial, and antiviral, antidiabetic  |

|    |                           |                           |   |
|----|---------------------------|---------------------------|---|
| 18 | Hirda                     | <i>Terminalia chebula</i> | Anti-inflammatory, anthelmintic, cardiotonic and restorative properties   |
| 19 | Holy Basil/Tulsi          | <i>Ocimum sanctum</i>     | Anti-inflammatory, Anti-oxidant, Antidepressant   |
| 20 | Kutki                     | <i>Picrorhiza kurrooa</i> | Hepatoprotective properties, Anti-tumor activity.   |
| 21 | Licorice<br>(Jesthmaadhu) | <i>Glycyrrhiza glabra</i> | Anti-inflammatory and immune-boosting properties  |
| 22 | Long pepper               | <i>Piper longum</i>       | Anti-depressant, Bio-enhancer, Reduces stress, Protects liver, Anti-HBV activity, Antioxidant, Anti-inflammatory  |
| 23 | Maka                      | <i>Eclipta alba</i>       | Antimicrobial, antiacne, eczema   |
| 24 | Manjistha                 | <i>Rubia cordifolia</i>   | Anti-acne property, Anti-cancer property, Wound healing activity  |
| 25 | Moringa                   | <i>Moringa oleifera</i>   | Antioxidant, anticancer, anti-inflammatory, antidiabetic and antimicrobial agent.   |
| 26 | Mucuna                    | <i>Mucuna pruriens</i>    | Mental health & stress  |
| 27 | Neem bark                 | <i>Azadirachta indica</i> | Anti-inflammatory, Anti-hyperglycaemic, antiulcer, antimalarial, antifungal, antibacterial, antiviral, antioxidant, antimutagenic and anticarcinogenic properties |
| 28 | Neem leaf                 | <i>Azadirachta indica</i> | Pesticidal and insecticidal properties, antioxidant   |
| 29 | Pomogranate               | <i>Punica granatum</i>    | Antioxidants, anticancer properties, antibacterial and antiviral properties   |



|    |             |                                |   |
|----|-------------|--------------------------------|---|
| 30 | Rosemary    | <i>Rosemarinus officinalis</i> | Antioxidant, anti-inflammatory, antiproliferative, and anticancer properties        |
| 31 | Safed musli | <i>Asparagus adscendens</i>    | Adaptogenic, Androgenic, Anti-arthritis, Anticancer, Anti-inflammatory, Antioxidant |
| 32 | Shatavari   | <i>Asparagus racemosus</i>     | Antioxidant properties,   |
| 33 | Turmeric    | <i>Curcuma longa</i>           | Anti-inflammatory, Antioxidant, Antibacterial                                       |
| 34 | Vasakas     | <i>Adhatoda vasaka</i>         | Anti-inflammatory, Antibacterial, and Antiviral                                     |